

How to do a “The Inherited Table” style interview

1. 确定访问对象
 - a. 优先：老人，厨师，文化行业人员等
2. 记录受访人身份（名字、出生年份、老家具体在什么地方、与你的身份关系）
3. 确定采访的主题菜肴
 - a. 优先：地方特色
 - i. 只有这个地方有
 - ii. 这个地区对一道普遍的菜有着特殊的做法
4. 问问题，录音/笔记
 - a. 这道菜怎么做？详细描述
 - b. 这道菜有什么地方特色？（是此地仅有的吗？是那里的做法与其他地方不一样吗？）
 - i. 这道菜有什么独特之处？
 - ii. 你觉得为什么该地区会流行这道菜？
 - c. 你是从哪里学会这道菜的？（长辈带着做的？去专门探访了做这道菜的厨师？）
 - d. 你知道什么关于这道菜的历史吗？
 - e. 这道菜有什么特殊的意义吗？
 - f. 这道菜随着社会发展出现了哪些变化？
5. 整理与翻译
 - a. （如果采访中有部分方言）
6. 署名（名字，年龄与几年级，居住地）
 - a. 记录采访日期与地点

1. Identify the Interviewee
 - a. Priority: Elderly individuals, chefs, cultural heritage practitioners, etc.
2. Record the Interviewee identity (name, year of birth, location of hometown, identity in relative to you)
3. Determine the Featured Dish
 - a. Priority: Local specialties
 - i. Dishes unique to this specific locality.
 - ii. Common dishes that are prepared using a highly distinct local method in this region.
4. Conduct the Interview (Recording or Note-taking)
 - a. How is this dish made? (Provide a detailed description of the process)
 - b. What makes this dish a local specialty? (Is it exclusive to this area? Or is the preparation method here completely different from other places?)
 - i. What makes this dish unique?
 - ii. Why do you think it became so popular in this specific region?
 - c. Where or from whom did you learn to make this dish? (Was it passed down by an elder who guided you through it? Did you specifically seek out and visit a chef who specializes in it?)
 - d. Do you know any of the history or lore behind this dish?
 - e. Does this dish hold any special meaning or significance?
 - f. What changes have occurred with this dish over time as society has developed?
5. *Processing & Translation*
 - a. *Organize, transcribe, and translate the materials (if portions of the interview were conducted in local dialects).*
6. Byline / Interviewer Credit (Name, Age & Grade, Current Residence)
 - a. Record the date and location of the interview